





<i>Image</i>	Product	Pack	Net weight	Drained weight	Supplier's certification	Origin
	<p>Canned tuna (chunks and solidpack) Several covering sauces: brine, vegetable oil, olive oil, spring water, oil with lemon, oil with spices...</p> <ul style="list-style-type: none"> Also available with MSC certification 	Round cans	All sizes from 80g to 1,7 kg	several	IFS, BRC, MSC, Dolphin safe, Friend of the sea	Portugal
		Glass jars	190g - 225g	140g – 158g		
		Aluminium pouches	1 kg			
	<p>Tuna salads Several recipes: Mexican, Texan, With Corn...</p> <ul style="list-style-type: none"> Also available with MSC certification 	Cans (round, bowl)	160g - 280g	---	IFS, BRC, MSC, Dolphin safe, Friend of the sea	Portugal
	<p>Tuna per pasta Several recipes: Pomodori, Arrabiata. All'Italia...</p> <ul style="list-style-type: none"> Also available with MSC certification 	Round cans	160g	---	IFS, BRC, MSC, Dolphin safe, Friend of the sea	Portugal
	<p>Sardines (plain, skinless and boneless) Several covering sauces: olive oil, sunflower oil, tomato sauce, spiced sauce with vegetables</p> <ul style="list-style-type: none"> Also available with MSC certification Also available in organic sauces 	Club cans, dingley cans	120g – 105g	90g – 85g	IFS, BRC, MSC	Portugal




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	Seafood specialties (mussels, squids...) Several covering sauces: escabeche sauce, Vieira sauce, garlic sauce, American sauce...	Oval cans Club cans	111g 120g	several	IFS, BRC, MSC, Friend of the sea	Portugal and Spain
	Mackerel (fillets) <i>Scombrus scombrus, Scombrus colias</i> <ul style="list-style-type: none"> Also available in organic sauces 	Club cans Jars	120g 100g-200g	several	IFS, BRC	Portugal
	Anchovies (flat fillets, rolled fillets with capers): olive oil, sunflower oil <ul style="list-style-type: none"> Also available with MSC certification Also available in organic olive oil 	Cans	50g to 550g	several	IFS, BRC, MSC	Spain
		Glass jars	95g	55g		
	Naturally smoked fish items Sardines, fillets of trout, fillets of eel, fillets of mackerel	Club cans, dingley cans	120g – 105g	90g – 85g		Portugal
	Salmon fillets in olive oil	cans	150g	120g	IFS, Friend of the Sea	Portugal


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	Baked leguminous: chickpeas, red beans, white beans, butter beans, black-eyed beans, lentils, white beans with tomato	Cans	500g – 1 kg – 3 kg	260g – 520g – 1600g	IFS	Portugal
		Glass jars	540g	400g		
	Baked vegetables: peas, diced carrot, mixed vegetables, green beans	Cans	500g – 1 kg	several	IFS	Portugal


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	Olive oil: refined, extra virgin, organic	Bottles (glass, pet)	250 ml – 1L		IFS	Portugal


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	Black Olives: plain, pitted, sliced. Green Olives: plain, pitted, sliced and stuffed (with pimiento paste, anchovy paste, garlic paste, Jalapeno paste, natural almond, whole gherkin...)	Cans	200g to 8000g	85g to 5000g	IFS	Spain
		Glass-jars	100g to 3800g	70g to 2250g		
		Doypack pouches	170g to 700g	100g to 400g		


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	Fish pâtés in tubes (tuna, tuna & ketchup, salmon)	Tubes	100g	100g	IFS, Friend of the Sea	Italy


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	Fish pâtés (tuna, sardine, mackerel in several recipes: spiced, sundried tomato & basil, peppered, whole grain mustard, lemon & parsley...)	Cans	75g	75g	IFS, BRC	Portugal

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	Salt and Flower of salt with seaweeds/algae	Glass jars	150g, 30g	150g, 30g	Organic (algae)	Portugal